



## 5th Annual - Sunday April 28th 2019 at 9 a.m.

Register online at [www.runsignup.com](http://www.runsignup.com) and search for "CHOCOLATE 5K" in New Windsor, NY

*The 5th Annual 5k Run/Walk is a unique race that combines two American favorites — running and chocolate!*



### RACE AND RACE DAY FEATURES

- ◆ A picturesque course with chocolate themed amenities in your goodie bag, out on the course and at the finish line.
- ◆ Complimentary breakfast to registered participants featuring chocolate chip pancakes and chocolate fountain stations.
- ◆ Unique and commemorative **Candy Jar Awards** for top 3 in each age group
- ◆ Free Children's race "**The Cocoa Challenge.**" This ¼ mile run for all children 10 and under with candy bars awarded

### START, FINISH AND PACKET PICKUP

- ◆ Bethlehem Presbyterian Church – Corner of Jackson Avenue & Route 94, New Windsor, NY 12553

### REGISTRATION FEES

- ◆ 5K Run & 5K Walk — Pre registration \$25 through 4/15/2019, \$30 thereafter (Must be postmarked by 4/15/19)
- ◆ Cocoa Challenge – FREE to all children 10 and under (Register under the big tent on race day 7 a.m. – 8:40 a.m.)

### AWARDS

- ◆ 5K Run – Awards given to the **Top 3 Overall Male** and **Top 3 Overall Female** finishers PLUS the **Top 3 Age Groups:** 9 & Under, 10 – 14, 15 – 19, 20 – 29, 30 – 39, 40 – 49, 50 – 59, 60 and over
- ◆ 5K Walk – Awards given to the overall 1st, 2nd and 3rd place male and female walkers
- ◆ Cocoa Challenge – Finisher ribbons and candy bars awarded to all finishers

### TEE SHIRTS

- ◆ Guaranteed to the first 400 participants or by pre-registering. Cutoff is whichever comes first (no shirts for Cocoa Challenge)

### TIMELINE OF RACE WEEKEND

- ◆ **6 p.m. to 8 p.m.:** Packet pickup, Saturday, April 27
- ◆ **7 a.m. to 8:30 a.m.:** Packet pickup, Sunday, April 28 race day
- ◆ **8:40 a.m.:** Cocoa Challenge – meet at the 5K finish line at 8:35 a.m. Come support our younger runners!
- ◆ **9 a.m.:** 5K Run/Walk – Start line on Jackson Avenue next to the church property
- ◆ **9:30 a.m.:** Complimentary breakfast under the big tent
- ◆ **10:15 a.m.:** Awards

**All proceeds will benefit The BPC Community Mission and outreach programs**

*Check out our website ([www.chocolate5krun.com](http://www.chocolate5krun.com)) for course map, race results, race photos, and all other information*

### 5TH ANNUAL CHOCOLATE 5K RACE — ENTRY FORM (PRE-REGISTRATION ENDS APRIL 15, 2019)

Make registration checks payable to: BETHLEHEM PRESBYTERIAN CHURCH

Cut and mail to: BETHLEHEM PRESBYTERIAN CHURCH, PO BOX 250, SALISBURY MILLS, NY 12577-0250

845-541-2500 ◆ [chocolate5krun@yahoo.com](mailto:chocolate5krun@yahoo.com)

Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Male  Female  Age on race day: \_\_\_\_\_

Email: \_\_\_\_\_ **Guaranteed t-shirts to all pre-registered runners by April 16 deadline**  
(Shirts for 5K run/walk only — No shirts for Cocoa Challenge)

Race category 5K run  5K walk  Small  Medium  Large  X-Large

**Waiver:** I know that running a road race is potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including but not limited to high winds, cold temperatures, humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or inline skates, animals and ration headsets are not allowed in the race and I will abide by that guideline. Having read this waiver and knowing these facts, and in the towns of New Windsor, Cornwall, and the state of New York, all sponsors their representatives and successors, including employees, from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. Additionally, all participants will at all times hold Bethlehem Presbyterian Church harmless and not subject to any liability that may arise from such negligence or carelessness.

Signature: \_\_\_\_\_ Parent of guardian  
if under 18 year: